

SIZE GUIDE

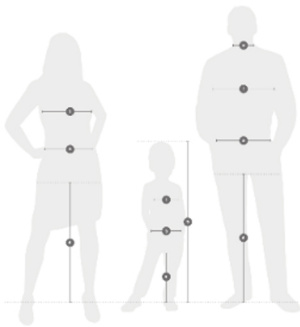
For all Russell garments



All of our measurements are based on actual “to fit” body sizes rather than the size of the garment itself. For example, a polo shirt with a chest to fit size of 92-97cm / 36-38” will fit someone with this chest measurement; trousers with a waist to fit 50 Europe / 34”, will fit a person with this measurement.

HERE ARE SOME TIPS TO HELP YOU CHOOSE THE MOST APPROPRIATE GARMENT SIZE(S):

- 1. CHEST**
Men: Measure around the fullest part of the chest, 2.5cm below the underarm. Women: Measure around the fullest part of the bust.
- 2. COLLAR**
Men: Measure around the base of the neck.
- 3. WAIST**
All: Measure around the natural waist, keeping the measuring tape taut.
- 4. LEG LENGTH**
All: Measure from the top of the inside leg at the crotch down to where the trousers are normally worn with shoes.
- 5. HEIGHT**
Children: Standing still with feet together and flat on the floor, measure from the top of the head to the ground.



LADIES'	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST TO FIT (CM)	72–77	77–82	82–87	87–92	92–97	97–102	102–107	107–112	112–117	117–122	122–127
CHEST TO FIT (INS)	28–30	30–32	32–34	34–36	36–38	38–40	40–42	42–44	44–46	46–48	48–50
DRESS SIZE											
UK	6	8	10	12	14	16	18	20	22	24	26
FRANCE	34	36	38	40	42	44	46	48	50	52	54
ITALY	38	40	42	44	46	48	50	52	54	56	58
GERMANY/EUROPE	32	34	36	38	40	42	44	46	48	50	52
MEN'S	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST TO FIT (CM)	82–87	87–92	92–97	97–102	102–107	107–112	112–117	117–122	122–127	127–132	132–137
CHEST TO FIT (INS)	32–34	34–36	36–38	38–40	40–42	42–44	44–46	46–48	48–50	50–52	52–54
DRESS SIZE											
GERMANY/EUROPE	44	46	48	50	52	54-56	56-58	58-60	62-64	66-68	70-72