

SIZE GUIDE

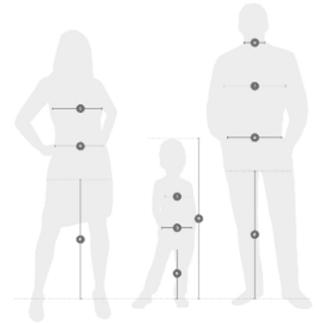
For all Russell garments



All of our measurements are based on actual "to fit" body sizes rather than the size of the garment itself. For example, a polo shirt with a chest to fit size of 92-97cm / 36-38" will fit someone with this chest measurement; trousers with a waist to fit 50 Europe / 34", will fit a person with this measurement.

HERE ARE SOME TIPS TO HELP YOU CHOOSE THE MOST APPROPRIATE GARMENT SIZE(S):

- 1. CHEST**
Men: Measure around the fullest part of the chest, 2.5cm below the underarm. Women: Measure around the fullest part of the bust.
- 2. COLLAR**
Men: Measure around the base of the neck.
- 3. WAIST**
All: Measure around the natural waist, keeping the measuring tape taut.
- 4. LEG LENGTH**
All: Measure from the top of the inside leg at the crotch down to where the trousers are normally worn with shoes.
- 5. HEIGHT**
Children: Standing still with feet together and flat on the floor, measure from the top of the head to the ground.



LADIES'	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST TO FIT (CM)	72-77	77-82	82-87	87-92	92-97	97-104	104-112	112-120	120-130	130-137	137-144
CHEST TO FIT (INS)	28-30	30-32	32-34	34-36	36-38	38-41	41-44	44-47	47-51	51-54	54-57
DRESS SIZE											
UK	6	8	10	12	14	16	18	20	22	24	26
FRANCE	34	36	38	40	42	44	46	48	50	52	54
ITALY	38	40	42	44	46	48	50	52	54	56	58
GERMANY/EUROPE	32	34	36	38	40	42	44	46	48	50	52
MEN'S			S	M	L	XL	2XL	3XL	4XL	5XL	6XL
COLLAR TO FIT (CM)			37-38	39-40	41-42	43-44	45-46	47-48	49-50	51-52	53-54
DUAL COLLAR SIZES (INS)			14.5-15	15.5	16-16.5	17-17.5	18	18.5-19	19.5	20	21
INDIVIDUAL COLLAR SIZES (INS)			14.5 & 15	15.5	16 & 16.5	17 & 17.5	18	18.5 & 19	19.5	20	21
CHEST TO FIT (CM)			92-97	97-102	102-107	107-112	112-117	117-122	122-127	127-132	132-137
CHEST TO FIT (INS)			36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54